

## **Message to the Australian National Congress**

To my brothers and sisters of Subud Australia whom I respect, it is an honour for me to be able to greet you with these words to the Australian National Congress that you are holding from the 31st December to 5th January. Even though this greeting is a written one, I pray it will stimulate your commitment to worship Almighty God by following the spiritual training of Subud.

We are all aware that Subud is all of us. Subud's progress depends on the gratitude we feel to Almighty God for giving us this spiritual training of Subud. Truly, it is not easy to build the kind of life God wants us to lead; but if we base it on firm faith and acceptance and a sincere willingness to let go, God willing, we will always be kept under the protection of the power of God as we face and deal with the influences of this world.

Our lot is to live in this world equipped with the equipment a human being needs for life, namely the mind and heart. Their task is to find the way for us to make a living and keep us in good physical shape so that we will not be easily polluted by the harshness of worldly influences. So, human beings need a healthy mind and heart to be able to plan their lives in this world.

As human beings, we are permitted to endeavour to improve, to excel. However, God is also all knowing when it comes to measuring what we are capable of achieving. For that reason, during a Subud congress, it is always advisable to maintain a firm feeling, both in organisational work, and spiritual work, so that you meet in an atmosphere of peace and avoid self-interest.

You need to understand each other and respect each other, so that our shortcomings and difficulties can be handled well. Even though you all have different duties, you must work in parallel, because we are part of the greater Subud family of people who are pioneering the latihan.

My final words are that I pray that the National Congress will go well and will produce a result that will support the growth of Subud Australia.

Have a good congress.

IBU,

Siti Rahayu Wiryohudoyo